

December 2010

Volume 16, Issue 12

# Potomac Community Resources, Inc.

*Serving teens and adults with developmental differences*  
A Catalogue for Philanthropy Charity



Potomac Community Resources, Inc.

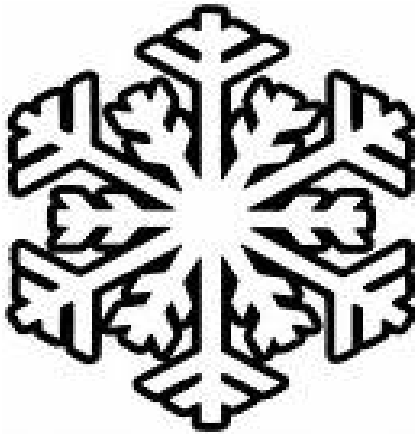


@PCRmd



## PCR'S ANNUAL HOLIDAY PARTY

*for members, families, friends, and volunteers*



You are cordially invited to join us for the annual **PCR Holiday Party** on **December 11, 2010**. The party will run from **6:30 to 8:30 PM** and will feature a DJ, a performance by the PCR Chorus, and light fare. Attire for the party is **business casual**.

We will be meeting in the **Kennedy Room at Our Lady of Mercy School (9222 Kentsdale Drive, Potomac)**. There is no fee for this activity and no staffing will be provided by PCR. We encourage families and friends to attend.

Please **RSVP to Abby Lubran**.

RSVPs should be emailed to [abby@pcr-inc.org](mailto:abby@pcr-inc.org) or phoned in to 301-365-0561. When you RSVP,

please make sure to include your full name and the number of guests who plan to attend.



**Families** in every demographic group, including all levels and ethnicities, have children with disabilities. Too often, these families feel overwhelmed, alone, isolated socially and burdened financially. The Lollipop Kids Foundation exists to combat social stigmas, ease the financial burden placed on these families, offer emotional support and provide a brief respite so that every child with a disability has access to a hope and a future.

**Our programs** include an *equipment closet, support groups, sibling support groups, brief respite and group outings.*

To refer a child or family,  
please contact Debbie Sahlin at  
**[debbie@lollipopkidsfoundation.org](mailto:debbie@lollipopkidsfoundation.org)**.

**lollipop kids**  
FOUNDATION

2001 S STREET NW SUITE 300 WASHINGTON DC 20009  
T 202.640.2035 F 202.370.6403  
**[www.lollipopkidsfoundation.org](http://www.lollipopkidsfoundation.org)**

### **SPOTLIGHT ON PCR STAFF**



Staff person Hasani Isreal has been working for PCR for more than one year. He staffs the Studio 3F program and staffs and performs with the PCR Chorus.

Hasani is a native of Rockville, Maryland and graduated from Richard Montgomery High School in Rockville and the University of Maryland in College Park. Hasani works at Rock Terrace School when not working for PCR.

He is a huge Arsenal/soccer fan and enjoys outdoor activities with friends and family. If you haven't met Hasani yet, make sure to say hello to him at the PCR Holiday party.

## **SPOTLIGHT ON PCR BOARD MEMBER**



New PCR Board Member Father Don Worch, is a native of Washington, DC. He attended Mackin Catholic High School in Washington, DC, and studied for the priesthood at Saint Mary's College in Kentucky and at Mount Saint Mary's in Emmitsburg, Maryland. Since his ordination in 1967, Father Don has served at many parishes, including St. Bernadine's in Suitland, Mt. Calvary in Forestville, St.

Francis of Assisi in Derwood, St. Patrick's in Norbeck and, for the past seven years, at Our Lady of Mercy in Potomac. In addition to his many duties as a parish priest, Father Don teaches in Our Lady of Mercy School and in the religious education program, and devotes much of his time to OLOM youth programs including the local Boy Scout troop, CYO basketball, and the youth ministry.

### **Developmental Disability and Cardiovascular Disease**

A research study is being conducted now to determine if adults with developmental disabilities and live in the community use healthcare services according to their risk levels for cardiovascular disease.

Participants will be interviewed and will be asked to complete a survey about their use of healthcare services during the past year. There is no physical examination or laboratory work involved. The study is free and is being conducted by a nurse who has worked in Cardiovascular Intensive Care Units and with adults with developmental disabilities.

Interested individuals may contact:

Sheri Morgan, MSN, RN, Doctoral Candidate, The Catholic University of America, School of Nursing. Phone: 1-877-330-1888 or E-mail: [97morgan@cardinalmail.cua.edu](mailto:97morgan@cardinalmail.cua.edu).

### **HOLIDAY SEASON CHARITABLE GIVING**

As you consider your year-end charitable giving, please remember PCR. All contributions are much appreciated, and will be used to support our many innovative programs. Donations may be sent to Potomac Community Resources, Inc. at 9200 Kentsdale Drive, Potomac, MD 20854, or made via the PCR website, [www.pcr-inc.org](http://www.pcr-inc.org). PCR is a 501(c)(3) organization. Your donation is tax deductible to the fullest extent of the law.

## PCR

9200 Kentsdale Dr.  
Potomac, MD 20854  
301-365-0561  
www.pcr-inc.org

PCR HOLIDAY  
PARTY  
SATURDAY,  
DECEMBER 11<sup>TH</sup>!  
MORE INFO INSIDE!



## DECEMBER SKIP DATES

Basketball: 12/5, 12/12, 12/26  
Chorus: 12/23, 12/30  
Men's Group I & II: 12/1, 12/29  
Movin' Along I-IV: 12/28  
NoteAbles I & II: 12/22, 12/29

NoteAbles III & IV: 12/27  
NoteAbles V & VI: 12/28  
Rhythmic Movement: 12/30  
Tai Ji: 12/6, 12/27  
Women's Group: 12/28

## DATES TO REMEMBER

Phabulous Photographers: 12/7  
Studio 3F: NO PROGRAM IN DECEMBER  
Transition Times: NO PROGRAM IN DECEMBER  
Tricia Sullivan Respite Program I: 12/5, 12/19  
Tricia Sullivan Respite Program II: 12/12  
Wednesday Art: 12/1