



# Potomac Community Resources, Inc.

April 2006

Volume 12, Issue 4

Mailing Address Only: 9200 Kentsdale Dr. Potomac, MD 20854  
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## SPRING GARDEN CLUB PROJECT



Come join the Little Farms Garden Club as we create fun spring crafts. We will be meeting at the Potomac Community Center on April 25th, from 7 PM to 7:45 PM.

There are only 15 available spots so remember to RSVP early. RSVPs can be called in to Seth at 301-365-0561 or emailed to [seth@pcr-inc.org](mailto:seth@pcr-inc.org).



## **HELP SUPPORT PCR: It's easy, free, and only takes a minute!**

### **Dear PCR Members, Families, Volunteers, and Friends:**

PCR has a long-standing contract, # 3645003021AA, with Montgomery County Health and Human Services for \$10,000 a year. This contract is a reflection of PCR's commitment to provide unique and excellent programs to our community. We are requesting that the contract be continued, and that in light of the tremendous expansion in scope, and number of persons we serve, that the contract provide us with \$20,000.

### **What you can do to urge the County Council to select PCR for funding:**

- Call, write, or email County Council members asking for their support. Tell them about what PCR adds to your life. All you need is a few short lines or a brief phone call telling how important this is.
- Ask your friends and family to write, call, and advocate for funding this important grant. Share this information with professionals who understand the role PCR plays in our community and ask them to contact County Council members.

### **Some key points:**

PCR is a private, nonsectarian 501(c)(3) nonprofit organization. PCR provides dynamic therapeutic, social, recreational, and educational programs. PCR collaborates with families, professionals, volunteers, and other organizations to facilitate connections to existing services and to create innovative opportunities that enhance the quality of life for all in our community. We provide parents and professionals with information, referrals, and support.

PCR provides services that maximize an individual's potential. We all need social, recreational, and personal growth opportunities that develop new skills and prevent isolation. These opportunities abound for most Montgomery County citizens. For those of us who, due to cognitive, behavioral, or medical challenges, are not able to, even with help, participate in mainstream programs, there are few places to turn.

Examples of our wide-ranging ongoing programs include 6 music therapy programs, 7 movement therapy/fitness programs, 4 therapeutic discussion groups, 2 speech therapy groups, an art therapy program, photography, a Friday night social club, as well as numerous special events for members and families throughout the year. Our respite program cares for those with significant care needs who may also be medically fragile. In addition, we often offer short-term programs such as personal safety at home and in the community, social skills, first aid, and others. PCR, a grassroots organization, is uniquely responsive to the community; our programs have been created in direct response to expressed needs.

Volunteers provide our members with hands-on assistance and genuine friendship. We are a recognized organization for MCPS students performing student service learning hours.

Montgomery County is a place where we believe that by helping every citizen reach his or her full potential, our community will be a better place for all. PCR plays a unique role in the network of community services. With the support of our County Council, County Executive, and Department of Health in Human Services, we work together to make this community the very special place it is.

## CONTACT YOUR COUNCIL MEMBER

Montgomery County Council  
100 Maryland Avenue, 6<sup>th</sup> Floor  
Rockville, MD 20850

**George L. Leventhal**

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**Philip M. Andrews**

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councilmember.Andrews@montgomerycountymd.gov

## CONDOLENCES

PCR member **Caitlin Kelly** passed away suddenly on March 21st, 2006. Caitlin was a regular member at the Tricia Sullivan Respite Program. Our sympathy goes out to parents Colleen Kennedy and Thomas Kelly, brother Patrick, and the rest of the Kelly family. Caitlin will be missed by all of her Sunday friends.

We extend condolences to son Ian, companion Larry Jacobson, and the family of staff person **Amy Shiver**. Amy passed away unexpectedly on March 9th, 2006. Amy was an important staff member at the Tricia Sullivan Respite Program, and her enthusiasm, compassion, and friendship will be missed.

## IN THE COMMUNITY

### FUTURE & ESTATE PLANNING

Tuesday, April 4th, 2006  
6:45 PM—9 PM

401 Hungerford Dr., Rockville  
1st Floor— Tan Conference Room  
FREE!

Sponsored by the Collaborative Outreach Council

Presenter Len Cohen, a representative for MetLife's Division of Estate Planning for Special Kids (MetDESK), will be discussing financial planning.

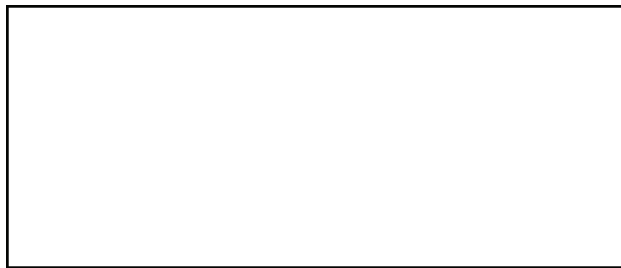
To register, please call  
240-777-1216 by Monday,  
April 3rd, 2006.

## **PCR, Inc.**

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**PLEASE NOTE  
NOTEABLES III/IV  
DATE CHANGE**



# **APRIL PROGRAM SKIP DATES**

**Basketball: April 9th & 16th**  
**Chorus: April 13th**  
**Communication Counts: April 12th**  
**Line Dancing: April 17th**  
**Men's Group: April 12th**  
**Movin' Along I/II: April 12th**  
**NoteAbles I/II : April 13th**  
**NoteAbles III/IV : April 17th**  
**Sing-A-Long: April 12th**  
**Tai Ji: April 10th**  
**Women's Group: April 18th**

## **DATES TO REMEMBER**

Tricia Sullivan

Respite:

April 2, 23

Studio 3F:

April 21

NoteAbles III/IV:

Program on April 10th

No Program April 17th