



Community Mental Health Services for Children & Adolescents

Presented by the Local Behavioral Health Authority (LBHA)

Shawn Lattanzio, Child & Adolescent Coordinator

Who is the Local Behavioral Health Authority (LBHA)?



- ▶ **LBHA** is under Montgomery County Government, The Department of Health in Human Services, Behavioral Health Planning, Management and Crisis Services
- ▶ The **LBHA** is responsible for planning, managing, and monitoring public mental health services at the County level. The LBHA monitors numerous County and State Contracts that deliver mental health and substance use services.

Assessing when children & teens need community based in-home mental health services.

When a higher level of services are needed to keep the child safely in the home.

If the child and/or family have significant trauma history.

When parents/caregiver are unable to access resources on their own due to their own mental health needs and/or substance use.

When parents/caregiver are overwhelmed by the child's significant mental health needs.

Local Care Team- LCT

- For Children/youth ages 4 to 18
- The LCT is comprised of the Child Serving Agencies in Montgomery County. The LCT generally meets on Wednesday mornings to brainstorm with professionals, parent/caregivers and referral agencies on what services would benefit the child.
- Provider - Collaboration Council subcontracts County Wraparound services through to JSSA - Jewish social service agency
- Requirement -Families must meet with the LCT, no income and /or insurance requirements.
- County Wraparound and Family Navigation are programs that may be recommended through the LCT process.
- Referrals can be made directly to the Collaboration Council. Parents can self-refer to the program.
- The LCT also looks at variety of community services that may be an option for families.

Interagency Family Preservation Services

Interagency Family Preservation Services (IFPS)

- Provider - YMCA
- Requirement - open all incomes/insurances
- IFPS is a 14-week intensive program that provides care coordination services to families who have children with intensive needs with identified risk factors.
- Referrals to the program can be made by the LBHA

1915(i) State Plan Amendment & Targeted Case Management

Care Coordination Organization (CCO) for Targeted Case Management (TCM)

- Provider - Volunteers of America-
Chesapeake
- Requirement- Medical Assistance (Level
I, II, III (1915i provides an array of
services from respite care, mobile
crisis support, Care Coordination) from
3 to 15 hours per month of TCM
services depending on eligibility level.
- Referral process- Directly to CCO

Care and Connections for Families- Intensive In-Home Crisis Stabilization Services

- For children/youth ages 4 to 17
- Provider- Sheppard Pratt-Family Services
- Provides intensive in-home crisis stabilizations services for children/youth that are at risk for psychiatric hospitalization. An in-home stabilization worker and therapist work together with the family to stabilize the child/youth.
- Referral Process - Children and youth are identified by the Crisis Center and on a case-by-case basis by the LBHA to be at risk and eligible for this program.

RICA Evaluation Unit

- ▶ The EU offers psychiatric, educational and psychological evaluations in a therapeutic residential environment. At the conclusion of this 90 day stay, a comprehensive report is provided outlining treatment recommendations.
- ▶ LBHA can submit community referrals to the RICA EU. A clinical letter from a psychiatrist or a psychologist recommending a diagnostic placement is a requirement for the referral packet.

Residential Treatment Centers (RTC)

- A child/adolescent must meet “Medical Necessity Criteria”.
- RTC admissions requires a Certificate of Need (CON).
- Accessing a RTC can be a lengthy and complicated process. The LBHA is part of the RTC process and may be able to assist families and professionals.

Transition Age Youth - Residential Rehabilitation Program (RRP)

- Providers- Cornerstone Montgomery and Sheppard Pratt Family Services
- Applicants- Ages 18 and above, must meet medical necessary criteria set forth by the Behavior Health Administration (BHA). Residential Rehabilitation Program (RRP) provides housing and supportive services to single individuals.
- Applications and the referral process can be found on the BHA website below.
<https://bha.health.maryland.gov/Documents/MDH%204812%20RRP%20APPLICATION.pdf>

Mental Health Services for Adults

ACCESS TEAM

The Mental Health/Substance Abuse Screening and Referral program (also known as ACCESS to Behavioral Health) provides assessment and linkages for low-income persons of all ages living in Montgomery County who have no commercial insurance and who need of services for major mental health and/or substance abuse problems. Provides in-person or telephone clinical assessment and financial screening and referral for public services; consultation to assist agencies/programs in planning for clients with mental health and/or substance abuse needs; and information about mental health services in Montgomery County. The Access Team can also make referrals to Target Case Management for adults.

Contact 240 777-1770

CONTACT INFORMATION

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