

Fostering Friendships and Social Inclusion

[Jonathan Rhoads](#)

- Blog on making friends, social anxiety and depression, cyberbullying, coping with COVID
- [Quick dating guide](#)
- Social skills groups for children, adolescents, young adults
- Facilitator Hangout Hive

[Jeremy Hamburg](https://mybestsociallife.com/) – <https://mybestsociallife.com/>

[Dr Rebecca Resnik](#)

[Fairfax Place Therapy](#)

[Juliette Levchenko](#)

Nicolette Stearns

nicstearns@yahoo.com

<https://www.art-stream.org/>

[ArtStream](#)

- Super Social Saturday

[Hangout Hive](#)

- Welcoming group for adults with IDD/autism, ages 21+, able to function mostly independently. Sponsored by Learning Disabilities Association of Montgomery County. Plan fun activities that promote friendship and leadership opportunities.

[Chute Connect](#)

- Chute is a private, secure online community and social media platform intended to provide users a safe environment to interact with friends, families, caregivers and personal communities.
- David Purvis dpurvis@chute-partners.com
- 678-595-5680

[Amanda Gabel Consulting](#)

- Social support groups, personal coaching
- Works with groups, organizations, individuals

[Upcounty Community Resources](#) (Germantown)

- [Large social groups](#)

[Maryland National Capital Park and Planning Committee – Montgomery Parks Program Access](#)

- Delivers reasonable services and modifications to support and encourage a balanced lifestyle; equal opportunities in recreational activities and social equity for all ages and abilities. Register for a program of your choice through ActiveMontgomery.org; request a reasonable modification when checking out. Our support services are free!
- Contact Information: programaccess@montgomeryparks.org or 301-495-2581 (MD Relay 7-1-1)

[Partners for Community Engagement](#) (Silver Spring)

- Empowers participants to engage socially in the community

[Main Street Connect](#)

- Social, cultural, personal development programs and events

Howard County Autism Society

- Adult Social Group – check [calendar](#); join [here](#)